

MODERN **SUITING**

THIS FORM IS FOR USE IF YOU PLAN TO VISIT A TAILOR FOR EXACT MEASUREMENTS OR PLAN TO UPLOAD MEASUREMENTS WHEN SUBMITTING YOUR ORDER

Answers to the Questionnaire

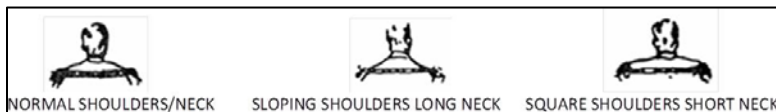
1. Height _____
 2. Weight _____
 3. Shoe Size _____
 4. Describe any problems you have with off the rack (non-tailored) clothing _____
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****BEFORE MEASURING, PLEASE PUT ON A DRESS SHIRT AND DRESS SHOES****

Measurements UNITS (Please Select) INCHES CENTIMETRES

1. Full Chest _____.
2. Stomach _____.
3. Front Length _____.
4. Right Sleeve _____, Left Sleeve _____.
5. Bicep _____.
6. Neck _____.
7. Front _____.
8. Back _____.
9. Waist _____.
10. Full Shoulder Width _____.
11. Hips/Buttocks _____.
12. Crotch/U-Measure _____.
13. Pant Length _____.
14. Pant Inseam _____.
15. Cuff _____.
16. Thigh _____.

Shoulders (Please Select)



Posture (Select)



Normal



Erect



Forward Stoop



Forward Stomach



Forward Stomach

All measurements should be taken with one finger inside the measuring tape

1. Full Chest

- a. Measure around the chest and body at its fullest part (typically right under the armpits and shoulder blades, across nipples).
- b. Hold tape against body so that it is snug as not to droop but not so tight as to feel restrictive
- c. Make sure arms are down and take a normal breath before measuring

2. Stomach/Waist

- a. Measure around the widest part of your abdomen (use belly button as starting point), placing a finger between your body and the tape.
- b. Make sure the tape is at the same height at all times.

3. Front Length

- a. Relax your torso. Measure straight down the front of the base of your neck (left or right side) to the point level with your thumb joint.

4. Right Sleeve

- a. Measure from the end of the right shoulder to just below the wrist bone. Measure in two steps, from the shoulder to the elbow. Hold it at the elbow and then continue to just below your wrist bone
- b. Double check the measurement

Left Sleeve

- c. Measure from the end of the left shoulder to just below the wrist bone. Measure in two steps, from the shoulder to the elbow. Hold it at the elbow and then continue to just below your wrist bone
- d. Double check the measurement

5. Bicep

- a. Measure around the widest part of your bicep with arm at your side. Do not flex. Keep one finger underneath tape when taking the measurement

6. Neck

- a. The collar measurement should be taken from the middle of the button hole to the center of the collar button when the collar is spread flat.
- b. Should be below Adam's Apple and above sternum
- c. Tape should be touching the skin but not restrictive. Keep one finger inside the tape measure.

7. Front

- a. Measure from one arm hole to the other arm hole along front

8. Back

- a. Measure from one arm pit to the other arm pit along the back

9. Full Shoulder Width

- a. Measure the distance between sleeve and collar along the shoulder seam.
- b. Measurement should be from the point at which your shoulder meets your arm. Measure from here across your shoulders following their natural curve to the same spot on the opposite side.

10. Waist

- a. Place four fingers below your belly button. Wrap the tape around your waist at this point. Ensure you keep the tape level.
- b. Do not wear a belt. A helpful tip is to wear a pair of trousers that fit you well at the waist.

11. Hips/Buttocks

- a. The hip measurement should be taken around the hips at the widest point. Stand up in a relaxed posture, and keep the tape parallel. Do not tighten the tape measure.

12. Crotch/U-Measure

- a. Place four fingers below your belly button. Wrap the tape around your waist at this point. Ensure you keep the tape level.
- b. Hold a finger where the tape is on the front and back. Measure through the crotch from each point.
- c. Ensure that the measurement is not too tight

13. Pant Length/Outseam

- a. Place four fingers below your belly button. Wrap the tape around your waist at this point. Ensure you keep the tape level.
- b. Hold a finger at the point on your side that the tape level is at. This is your starting point.
- c. Measure from this point to the floor along the outside of your leg.
- d. Ensure that the tape measure is tight, you are standing straight and that you are not wearing your shoes.

14. Pant Inseam

- a. Measure from the lowest part of your crotch area to the floor
- b. Ensure that the tape measure is tight, you are standing straight and that you are not wearing your shoes.

15. Cuff

- a. Measure the width around the cuff (depending on build this can be as low as 14")
- b. Measure around the bottom of your pants. Do not measure as tight as a pair of socks, or the exact circumference of your ankle. This measurement will be the size of the hole at the bottom of your trousers. Too tight and you may not be able to get your foot through.
- c. You can also take a current pair of trousers that you like the cuff size, lay them flat and measure the length of both sides.

16. Thigh

- a. Measure the width around the widest part of the thigh. This is just below the crotch.
- b. Tape should be touching the skin but not restrictive